

## Details

Participants aged between 13-17 yrs. old

Free for Danville residents.

6 sessions free for all others. \$40 a session thereafter

Sliding scale financial assistance available

Email Rachel @ RachelK@discoveryctr.net or phone 925-837-0505

## LGBTQ+ Group

Tuesday evenings 4:30pm-6pm

Discovery Counseling Center 115A Town and Country Dr Danville, CA

Facilitated by:

Rachel Kincaid, LMFT & Taylor denBroeder





This is a safe, inclusive space specifically for high school-aged teens who identify within the LGBTQ+ community. It's a place to connect, share experiences, and receive support around LGBTQ+ related issues. Our group fosters a sense of belonging, promoting both personal healing and collective growth through open communication and mutual understanding.

We focus on building awareness of diverse LGBTQ+ identities, providing a supportive environment where everyone can feel seen and heard. With guidance from trained facilitators, the group offers structured opportunities for peer support, sharing coping strategies, and strengthening resilience in a way that is relatable and relevant to the challenges teens face.

