

Details

Who:

Teens between 13-17 yrs. old

Where:

Discovery Counseling Center
115A Town and Country Dr
Danville, CA

When:

Tuesday evenings
4:30-6pm

Cost:

Free for Danville residents.

6 sessions free for all others.
\$40 a session thereafter

Sliding scale financial
assistance available

Contact:

Email Rachel @
RachelK@discoveryctr.net
or phone 925-837-0505

LGBTQ+ Teen Group



Facilitated by:

Rachel Kincaid, LMFT
(She/Her)
&
Taylor denBroeder
(He/They)

***“Our feelings are our
most genuine paths
to knowledge.”
Audre Lorde***



LGBTQ+ Teen Support Group

This is a safe, inclusive, and affirming space specifically for high school-aged teens who identify within the LGBTQ+ community.

Our goals:

- Foster a sense of belonging and connection among LGBTQ+ teens.
- Promote personal healing and collective growth through open communication.
- Build understanding of diverse LGBTQ+ identities.

Guided by trained facilitators, we offer opportunities for peer support, sharing coping strategies, and strengthening resilience. This group is designed to ensure that everyone feels seen, heard, and supported as they navigate the unique challenges of being a teen.