DISCOVERY
COUNSELING CENTER



Impact Report

2025 – 2026

55 YEARS OF COMPASSIONATE
COMMUNITY CARE

DISCOVERY COUNSELING CENTER

San Ramon Valley

Mental Health Support. Community Connection.

For more than 50 years, Discovery Counseling Center has helped our community connect and thrive.







Affordable Therapy

For individuals, couples and families

Free Support Groups

For seniors, grieving adults, caregivers and LGBTQ+ teens

Training Future Therapists

A professional training agency for future clinical therapists

Community & Connection

Local events invite residents to learn more about DCC and our mission



The Thrift Station

Run by Friends of Discovery, an auxiliary volunteer organization dedicated to providing funding for DCC.

Doing Good Together

Learn more: discoveryctr.net

Follow us on Instagram & Facebook @discoveryctr

Helping Our Community Connect & Thrive

Healing Begins with a Conversation

EXECUTIVE DIRECTOR'S MESSAGE

The phone rang just after our office opened. On the other end was a frustrated parent, out of answers. Their child had become withdrawn, and school attendance was a daily struggle. Every attempt to help seemed to make things worse. They worried about whether counseling would be affordable, whether there would be a long wait, and whether anyone would truly understand what their family was going through.

Conversations like this happen at Discovery every day. A teenager overwhelmed by anxiety, a senior grieving the loss of a loved one, or a caregiver carrying an impossible burden. None of these callers should have to face these challenges alone.



For 55 years, we have met people in these moments with compassion, expertise, and a belief that everyone deserves access to quality mental health care.

"Our clinical support groups are offered to the community at no charge."

THIS YEAR WE PROVIDED:

5,864
counseling sessions for students across 35 school sites through our SCIP program

14,397
hours of counseling through our community clinic and school-based programs

EXPANDED
training for the next generation of compassionate, culturally aware mental health professionals

Because of 130 dedicated volunteers at our Thrift Station, the generosity of our donors and grant partners, and strong community partnerships, we can remove financial barriers to care and provide a place to turn when someone needs support.

Every conversation that begins at Discovery has the potential to change a life and even save a life. Thank you for being part of this important work.

With gratitude,

Sumita Bhandari

Sumita Bhandari
Executive Director
Discovery Counseling Center

THE THRIFT STATION
BENEFITING
DISCOVERY COUNSELING CENTER
San Ramon Valley
SINCE 1973

Community, Commitment, & Care Delivered.







1

Community members donate items.

You can help by donating gently used clothing, household items, books and more to the Thrift Station.

2

Volunteers sort and sell the items at the Thrift Station.

Our dedicated volunteers sort, price and sell donated items, giving them a new life in our community.

3

Proceeds provide clients with financial assistance to access mental health services.

Sales from the Thrift Station help fund financial assistance so individuals and families in our community can receive the mental health support they need.

Your donations & shopping help make mental health services possible.

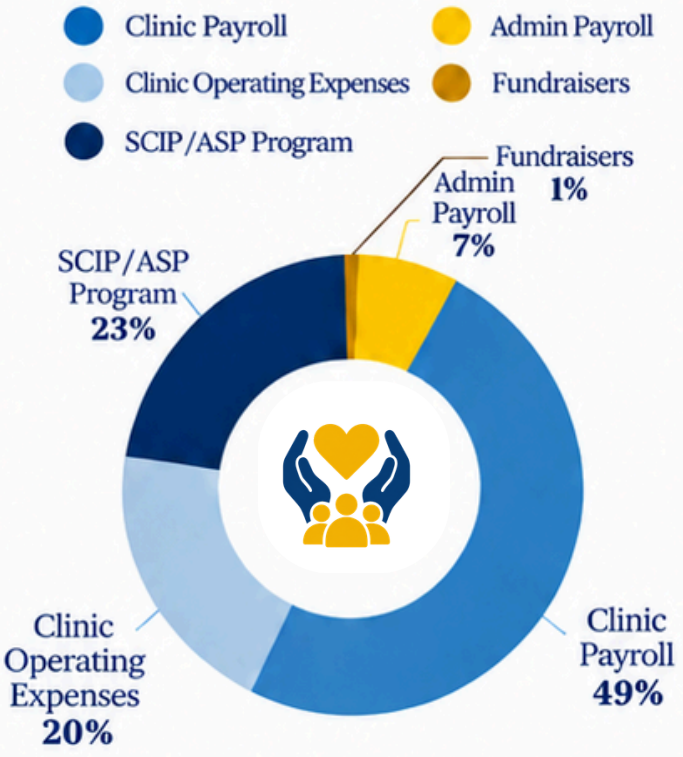
Learn more:

Revenue, Expenses & Community Impact

INVESTING IN A HEALTHIER TOMORROW

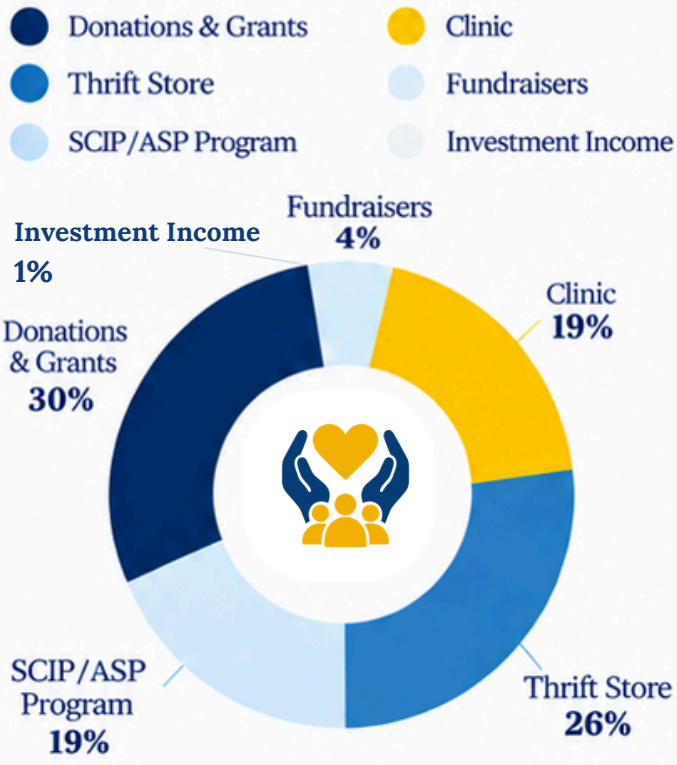
Expenses

HOW WE USE OUR RESOURCES



Revenue

WHERE OUR SUPPORT COMES FROM



OUR IMPACT IN THE COMMUNITY

14,397
SESSIONS OF THERAPY
for our community

93¢
OF EVERY DOLLAR RECEIVED
was spent on delivery of care.

30%
REVENUE THAT MUST BE RAISED
through donations & grants

$689,390
FINANCIAL ASSISTANCE
for clients, given back to the community


Check your INBOX for our latest Newsletter!
DISCOVERY COUNSELING CENTER
San Ramon Valley
Mental health resources
Community updates
Upcoming events
Ways to get involved
Not on our list yet?
SIGN UP HERE >>>
discoveryctr.net/sign-up

From the Clinical Director's Desk

WHAT MAKES QUALITY TRAINING, PROGRAMS & GROWTH POSSIBLE

This year at Discovery Counseling Center, our clinicians delivered 5,864 counseling sessions to students across 35 school placements through SCIP, our school-based counseling program — averaging approximately 645 sessions each month of the school year. We introduced standardized mental health assessments into our intake process, giving us, for the first time, a consistent way to track symptoms and better understand the needs of the community we serve.

5,864
counseling sessions for students across 35 school placements

645
sessions each month

Standardized assessments help us better understand community needs

We also restarted our Grief Support Group, launched a new Caregivers Support Group, and resumed our Teen LGBTQ+ Support Group following a joyful presence at the Danville Pride Celebration, creating spaces for people navigating life experiences that are too often faced alone.

And we invested in the next generation of clinicians, ensuring our incoming trainees had not only a placement, but also the practical tools to succeed from day one, including a box of play therapy materials for every school site.

Behind every one of those numbers is a person who trusted us with something difficult, often at a moment when reaching out for help required tremendous courage. None of this work would be possible without the support of our community or the close, ongoing partnership between our clinical and executive leadership.

This is what Discovery Counseling Center is - not a program on paper, but a community clinic that shows up, consistently, for the people who need it most.

Thank you for making it possible.

With gratitude,

Christopher Duecrmeier

Christopher Duecrmeier
Clinical Director
Discovery Counseling Center



> *"I'm incredibly grateful for the support, guidance, and learning I've received from both my peers and supervisors. This experience has played such an important role in shaping me as a clinician and helping me grow into the therapist I aspire to be."*

> *"As part of the Student Counseling Intervention Program, I was able to provide services to the children and families of San Ramon Unified School District. Being able to have a direct impact on the community that I hold, live in and love dearly was an incredibly impactful experience, and not one I will soon forget."*

> *"I have gotten so much out of my time at Discovery! The school placement has been very fulfilling and has taught me so much. The supervision has been awesome and the support incredible. I love the emphasis on a positive intern/staff community; I feel I can totally focus on my learning experience."*



A New Home for Discovery Counseling Center

GROWING TO MEET THE NEEDS OF OUR COMMUNITY.

We are excited to share that Discovery Counseling Center has secured a long-term lease at Center Plaza in San Ramon. Our new home will be a newly rennovated, modern space designed to better serve our clients, expand our programs, and create a welcoming environment for our community.

The expanded space will increase our session capacity by 61%, bringing us to approximately 160% of our current capacity. This growth will allow us to meet the rising need for mental health support and make our services accessible to even more individuals and families in the years ahead.

> **More space means more support and greater access for our community.**

We are deeply grateful to Board Member Mike Copeland and our Ad Hoc Relocation Committee for leading the search for our new space since 2022. Their dedication, vision, and countless hours of work have been instrumental in making this next chapter possible.

We also want to thank architect and DCC Board Member Newell Arnerich for his tremendous work in designing and overseeing the renovations and build-out. Their expertise and commitment have helped bring our vision to life, ensuring a space that is both functional and welcoming for our clients, staff, and community.

OUR MOVE TIMELINE

˝We anticipate moving into our new space by the end of March 2027.`



Once we are settled, we will host an open house to give our supporters, partners, and community members a chance to see the new space, meet our team, and celebrate this exciting milestone. We will share more details and updates in the months ahead.

This new home represents a stronger future for the individuals and families we serve. We are so grateful to everyone who has helped make this possible, from our board members and staff to our donors, partners, and community supporters. Together, we are building hope, expanding access, and creating a brighter tomorrow.



Your Dollar Becomes Care.

When you give to Discovery Counseling Center, your generosity helps fund the clinicians, programs, and resources that make mental health care possible.

Your support is helping provide more than an organization. It is helping provide a place to turn when someone needs support.



Goes to client care



Help Make the Next Conversation Possible

Your gift can help someone take the next step toward better mental health.

Support clinicians, programs, and resources.

Help provide a place to turn when someone needs support.

VIDEO: Our impact story

The Katie Combs Endowment Fund



Established in memory of Katie Combs, whose brief time at Discovery left a lasting impression, the Katie Combs Endowment Fund honors her spirit, kindness, and connection to our mission.

The fund is an investment in Discovery's future, helping ensure that affordable, high-quality mental health care remains accessible to our community for generations to come. Through thoughtful stewardship and continued contributions, it will provide a lasting legacy of care and compassion.

Learn more at our website by scanning the QR code below and clicking on "Edowment"

Give Monthly or Once

Choose a level below. Every gift is tax-deductible and goes to care in our community.

Make a gift to Discovery today:

$75	Covers a subsidized therapy session for a client in need, helping them take the first step toward healing.
$150	Supports two sliding-scale counseling sessions for a teen or adult facing grief, anxiety, or depression.
$250	Provides a month of weekly therapy for a low-income individual, ensuring consistent care and support.
$500	Funds an entire six-week support group for seniors or those navigating grief—offering connection, tools, and hope
$1,000	Covers the full cost of care for a family in need, providing comprehensive, compassionate counseling.

Charity Navigator FOUR-STAR

Platinum Transparency 2026 Candid.



Thank You

Fiscal Year 2025–26 Donors

Alamo Women's Club
Alicia Gee
All Rested Sleep Coaching
Alexie Teferi
Amy Millington
Andrews Lucia Wealth Management
Anne Belt
Angie Coffee
Ann and Patrice Begovish
Ann Thompson
Ann Willoughby
Antoinette & Edmund Sarraille
Anuradha & Pankaj Gupta
Archie & Kim Bowles
BCS, Inc. Construction
BFC Business Finance Capital
Becky Wittmer
Bishop Ranch
Blackbaud Giving
Bloch Family
Brad Holsworth
Brittany Riley
CRI, Inc.
CA Cycling Club
Candace Andersen
Carol Hannon
Carole Dunkle
Carole Hagglund
Charlene McPherson
Chris Gayler
Christopher Decker
Cindy Lissol
Citizens Business Bank
Claire & JB Humphrey
Colleen Callahan
Cottage Jewel
Crystal Eng
Cuenin Orthodontics
Cushman & Wakefield
Cynthia Abercrombie
D-Kode Technology
Danielle & Matt Cook
Danville Women's Club
Dave Ikeda
David Behring
David & Manny Bowlby
David Rios
Dennis Casagrande
Don & Paula Schmitt
Don Ritchey
Donna Brown
Douglas Krah
Douglas Lauer
Edward Best
Eileen Morgan
Elizabeth Lundmark
F & M Bank
Fidelity Anonymous
Fidelity Grant
Five Star Bank
Frank Lucia
Friends of Discovery/ The Thrift Station
Gary & Jeannette Drew
Gary & Shirley Lapp
Gary Sloan
Glen Lively Foundation
Glenn & Linda Novotny
Global Education Foundation
Greg & Rhonda Williams
Habib Shamskhou
Herzog Insurance
Hillsboro Properties
Holsworth Family
Dr. Hong Nguyen
Hornberger Family
Irene Reich
James E. Roberts-Obayashi Corp.
Jane & Patrick Joyce
Jason Wernick
Jeff Birnbaum
Jenise & Brad Falk
Jennifer Budge
Jennifer Burton
Jenny Matkovich
Jim & Bette Felton
Joan Buchanan
Joanne John
Joanne McAndrews
John Curtis Family
John Kubas
John Lucia
Jon & MIchele Feldmen
Joseph Appleby
Julia Gilliland Liu
Karin & Tony Basilio
Kathy & Ed Chiverton
Kay Michelle Khayat
Kenneth Stevens
Kevin Salisbury
Kristin Wall
Laurie Davis
Lili Shiau, Saira Pasha, Diana Hu, Jane Kong of WRMSEF
Lisa & Brad Blackwell
Lisa Picarella
Loella Haskew
Lori Garcia
Lori O'Keefe
Lorraine & Brim McMillian-Gordon
Lou Alvarado
Lou Palandrani
Louise & Russell Singleton
Mark Davis
Mary Knox
Mary Lee & Michael Broder Charitable Fund
Mary & Bruce Verstraete
Metcon-TI, Inc.
Melanie Prole
Mia Leondakis
Mildred Day
Misto Lino
Mitchell Hopson
Nadine Rosenzweig
Nancy O'Connor
Nancy Gruys Mueller
Nancy & Jason Hickey
Neal & Maryanne Mitchell
Ned Chiverton
Nelson Family Foundation
Newell & Janis Arnerich & Family
Nishi Moonka
NOVA Condominiums
O'Mara FamilyFund
Online Giving
Pat Wilson Estate
Patrice Begovich
Patricia Adams
Patrick Tunney
Patton Sullivan Brodehl LLP
Paul DiDonato
Peg & Bob Miller
Peggy Mike Conklin
Peter Phillips
Philip & Beverly Davis
Pleasanton Valley Insurance
Powers Family
Purcell Family Foundation
Purcell International
Rachel Hurd
Renaissance Charitable Foundation
Riley Pasek Canty
Seltzer LLP
Robert & Priscilla Buchman
Robert McCleary
Robert & Sandra Storer
Robert Price
Robert Riccio
Sabine Lemmo
San Ramon Rotary Foundation
Sandee Wiedemann
Sandra Moody
Scott Smith
Shelley Clarke & Robert Henke
Shirley Jacks
St. Timothy's Episcopal Church
Steve & Ann Bundy
Susan Abate Kilday
Susan & Jason Muldoon
Susan Dewett Chapman
Susanna Ordway
TMC Financing
TeamLogic IT
Teresa Jacobs
Teresa Morley
Terin Christensen
Tim White
Tom & Nancy Wander
Tommy T's Comedy Club
Traci Rosson
Ty Bennett
Vanessa Berastain
Vic Antipow
Vikco Insurance Services
Ware Malcomb
Weston Law Group PC
William Gagen
William Pratt

In Honor Of

Elizabeth Lundmark
J.B. Humphrey
Mary Verstraete
Nishi Moonka

In Memoriam

Anthony Arnerich
Barbara Bloch
Bill Dunkle
Kate Steffy
Mike Doyle
Robert Lucia

THANK YOU DCC CLINIC STAFF 2025–26



BOARD OF DIRECTORS

2025–26

NISHI MOONKA, CHAIR
BDO

JILL PURCELL, VICE CHAIR
Owner, Purcell International

MARK DAVIS, TREASURER
Tri Counties Bank, Senior VP

ANN WILLOUGHBY, SECRETARY
Retired Chief of Staff, University of California Office of the National Laboratories

NEWELL ARNERICH
Councilmember, Town of Danville

KATHY CHIVERTON
Retired Executive Director, Discovery Counseling Center

ROBERT COMBS
Compass Real Estate

MIKE COPELAND
Managing Director, Cushman & Wakefield

JENISE FALK
Retired SRVUSD Principal

MITCHELL HOPSON
Vice-President of Finance, Zearn

CLAIRE HUMPHREY
Retired Pediatrician

HONG NGUYEN
Director of Student Services, SRVUSD

MÍA LEONDAKIS
Former VP of Transformation, ServiceNow & VMware

LEE LIGHT
Retired Kaiser Permanente Project Manager

ELIZABETH LUNDMARK
Director, Philanthropy, John Muir Foundation

SCOTT LUCIA
Andrews, Lucia Wealth Management LLC

NEAL MITCHELL
Community Volunteer

BRITTANY RILEY
Estate Attorney, Doyle Quane

MARY VERSTRAETE
Retired from Banking



Come see us!

486 San Ramon Valley Blvd. Danville CA 94526

Store & Donation Hours: Mon - Sat 10am - 4pm